



FREE STUDENT MEALS Cairo-Durham Lunch Program April 2018

<p>Daily offerings WG chicken patty Pizza Deli bar Fresh Salads Yogurt</p>	<p>3 <u>Pasta offered daily at Elementary School</u></p>	<p>4 Spring break</p>	<p>5 V Spring break</p>	<p>6 V Spring break</p>
<p>ALTERNATE: Muffin fun lunch (muffin, cheese stick and a yogurt and goldfish), chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p>9 Cheeseburger Broccoli with cheese sauce</p>	<p>10 V Baked mozzarella cheese sticks w/ sauce, green beans Fresh apples</p>	<p>11 Macho nacho Brown rice, salsa, baked beans bananas</p>	<p>12 <u>National Grilled cheese day</u> Grilled cheese Tomato soup melon</p>	<p>13 V Chicken parmesan sandwich, corn oranges</p>
<p>ALTERNATE: Cereal Fun lunch (cereal, yogurt and a cheese stick) chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p>16 Pepperoni and mozzarella flatbread, pasta Grapes</p>	<p>17 Waffles, turkey sausage links Apples</p>	<p>18 Cheese calzone, broccoli with cheese sauce bananas</p>	<p>19 Chicken tenders, French fries, peas oranges</p>	<p>20 Macaroni and cheese, dinner roll and corn melon</p>
<p>ALTERNATE: Muffin fun lunch (muffin, cheese stick and a yogurt and goldfish), chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p>23 Spicy chicken sandwich, sweet potato fries, green beans apples</p>	<p>24 V Chicken nuggets, cilantro lime rice and corn bananas</p>	<p>25 V Chicken and mashed potato bowl Tender peas Bananas</p>	<p>26 Cheeseburger, smile fries, carrots oranges</p>	<p>27 V Chili cheese dogs, broccoli with cheese sauce Fresh fruit</p>
<p>ALTERNATE: Cereal Fun lunch (cereal, yogurt and a cheese stick) chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p>30 Chicken alfredo, garlic bread and carrots Bananas</p>				

Cairo-Durham CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dish, fruit side dish, and a choice of milk.

Milk choices include 1% white, skim chocolate, lactaid and skim white V= vegetarian FUN LUNCH ONLY AT ELEMETARY

