







**FREE STUDENT MEALS** Cairo-Durham Breakfast Program February 2018

<p><b>Daily offerings</b>  <b>Fresh fruit</b>  <b>Assorted Cereal</b>  <b>Bagels</b>  <b>Assorted Yogurt</b>  <b>Assorted 100% juice</b></p>	<p><u>WG=whole grain</u>   <u>*pork product</u></p>		<p>1          French toast          Or          Blueberry muffins</p>	<p>2          *Sausage egg and cheese sandwich or WG chocolate chip muffins(2)</p>
<p>5          *Bacon egg and cheese sandwich or WG pancakes</p>	<p>6          French toast Or Blueberry muffins</p>	<p>7          WG waffles Or Smoothie, Bagel or Cereal</p>	<p>8          *Jiffy (sausage pancake wrap) or Egg and cheese burrito</p>	<p>9          *Sausage egg and cheese sandwich or WG chocolate chip muffins(2)</p>
<p>12          *Bacon egg and cheese sandwich or WG pancakes</p>	<p>13          French toast Or Blueberry muffins</p>	<p>14          WG waffles Or Smoothie, Bagel or Cereal</p>	<p>15          *Jiffy (sausage pancake wrap) or Egg and cheese burrito</p>	<p>16          *Sausage egg and cheese sandwich or WG chocolate chip muffins(2)</p>
<p>19  </p>	<p>20  <b>No School</b></p>	<p>21  <b>No School</b></p>	<p>22  <b>No School</b></p>	<p>23  <b>No School</b></p>
<p>26          *Bacon egg and cheese sandwich or WG pancakes</p>	<p>27          French toast Or Blueberry muffins</p>	<p>28          WG waffles Or Smoothie, Bagel or Cereal</p>	<p>Chinese new year  </p>	

Cairo-Durham CSD is an equal opportunity provider and employer.  
 Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900  
 Milk choices include 1% white, skim chocolate, lactaid and skim white

