



FREE STUDENT MEALS Cairo-Durham Breakfast Program May 2018

Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice	1 French toast Or Blueberry muffins	2 Egg and cheese biscuit Or Smoothie of the day	3 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	4 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
7 *Bacon egg and cheese sandwich or WG pancakes	8 French toast Or Blueberry muffins	9 Egg and cheese biscuit Or Smoothie of the day	10 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	11 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
14 *Bacon egg and cheese sandwich or WG pancakes	15 French toast Or Blueberry muffins	16 Egg and cheese biscuit Or Smoothie of the day	17 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	18 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
21 *Bacon egg and cheese sandwich Or WG pancakes	22 French toast Or Blueberry muffins	23 Egg and cheese biscuit Or Smoothie of the day	24 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	25 *Sausage egg and cheese sandwich or WG chocolate chip muffins (2)
28 MEMORIAL DAY NO SCHOOL! 	29 French toast Or Blueberry muffins	30 Egg and cheese biscuit Or Smoothie of the day	31 *Jiffy (sausage and pancake wrap) Or Egg and cheese sandwich	<u>WG=whole grain</u> <u>*pork product</u>

Cairo-Durham CSD is an equal opportunity provider and employer.

Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

Milk choices include 1% white, skim chocolate, lactaid and skim white

