




## FREE STUDENT MEALS Cairo-Durham Lunch Program May 2018

<p><b>Daily offerings</b> WG chicken patty Pizza Deli bar Fresh Salads Yogurt</p>	<p><b>1</b> Cheeseburger and broccoli with cheese sauce oranges</p>	<p><b>2</b> Mozzarella stick with marinara and garlic butter green beans grapes</p>	<p><b>3</b> V Roasted turkey and gravy with mashed potatoes and corn, apples</p>	<p><b>4</b> V Beef tacos, brown rice and cheddar cheese melon</p>
<p>ALTERNATE: Muffin fun lunch (muffin, cheese stick and a yogurt and goldfish), chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p><b>7</b> Chicken and mashed potato bowl with gravy and cheddar cheese, green beans, bananas</p>	<p><b>8</b> V Scrambled eggs, hash brown patty, 100% juice Fresh apples</p>	<p><b>9</b> Open face turkey sandwich, seasoned corn, dinner roll bananas</p>	<p><b>10</b> Buffalo popcorn chicken, French fries and broccoli florets melon</p>	<p><b>11</b> V Macaroni and cheese, corn and garlic bread oranges</p>
<p>ALTERNATE: Cereal Fun lunch (cereal, yogurt and a cheese stick) chicken patty or pizza Daily Fresh Fruit and Vegetable bar (lettuce, tomato, onion, fresh and chilled fruit, carrot sticks and celery sticks)</p>				
<p><b>14</b> Spicy chicken sandwich, garlic butter green beans Grapes</p>	<p><b>15</b> Bacon cheeseburger, smiley fries, corn Apples <b>BUDGET VOTE</b> <b>1-9PM@MS CAFETERIA</b></p>	<p><b>16</b> Chicken nuggets, chipotle ranch sauce, cilantro lime rice, peas bananas</p>	<p><b>17</b> Cheese pizza bagels, pasta marinara carrots and oranges</p>	<p><b>18</b> Baked ziti, broccoli with cheese sauce, dinner roll melon</p>
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<p><b>21</b> Philly cheese steak, lays chips apples</p>	<p><b>22</b> V Mozzarella sticks, sauce and green beans bananas</p>	<p><b>23</b> V Beef nachos, steamed rice and roasted corn grapes</p>	<p><b>24</b> French bread pizza, roasted carrot coins oranges</p>	<p><b>25</b> V Chicken nuggets, roasted red potatoes and cauliflower Fresh fruit</p>
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<p><b>28</b> <b>NO SCHOOL MEMORIAL DAY!!</b> </p>	<p><b>29</b> Chicken Caesar salad, seasoned corn, dinner roll Fresh melon</p>	<p><b>30</b> Chicken and mashed potato bowl, roasted squash bananas</p>	<p><b>31</b> BBQ ranch burger, potato salad, and carrots grapes</p>	<p><b>Pasta offered daily at Elementary School</b></p>

Cairo-Durham CSD is an equal opportunity provider and employer.

Any question please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dish, fruit side dish, and a choice of milk.

Milk choices include 1% white, skim chocolate, lactaid and skim white V= vegetarian FUN LUNCH ONLY AT ELEMETARY

