



FREE STUDENT MEALS Cairo-Durham Breakfast Program May 2017

1 Sausage egg and cheese sandwich or WG pancakes	2 WG waffles Or Smoothie	3 *Jiffy (sausage pancake wrap) or Egg and cheese burrito	4 *Ham egg and cheese bagel or Smoothie	5 French toast sticks Bagel w/cream cheese WG chocolate chip muffins(2)
8 Sausage egg and cheese sandwich or WG pancakes	9 WG waffles Or Smoothie	10 *Jiffy (sausage pancake wrap) or Egg and cheese burrito	11 *Ham egg and cheese bagel or Smoothie	12 French toast sticks Bagel w/cream cheese WG chocolate chip muffins(2)
15 Sausage egg and cheese sandwich or WG pancakes	16 WG waffles Or Smoothie	17 *Jiffy (sausage pancake wrap) or Egg and cheese burrito	18 *Ham egg and cheese bagel or Smoothie	19 French toast sticks Bagel w/cream cheese WG chocolate chip muffins(2)
22 Sausage egg and cheese sandwich or WG pancakes	23 WG waffles Or Smoothie	24 *Jiffy (sausage pancake wrap) or Egg and cheese burrito	25 *Ham egg and cheese bagel or Smoothie	26 French toast sticks Bagel w/cream cheese WG chocolate chip muffins(2)
29 Sausage egg and cheese sandwich or WG pancakes	30 WG waffles Or Smoothie	31 *Jiffy (sausage pancake wrap) or Egg and cheese burrito	Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice	WG=whole grain *pork product

Cairo-Durham CSD is an equal opportunity provider and employer.
Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

