


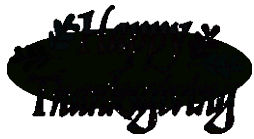





FREE STUDENT MEALS Cairo-Durham Breakfast Program November 2018

<p>Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice</p>			<p>1 *Jiffy (sausage and pancake on a stick) Or Blueberry muffin</p>	<p>2 *Bacon, Egg and cheese biscuit or WG chocolate chip muffin</p>
<p>5 French toast Or Yogurt, bagel, cereal</p>	<p>6 Superintendents conference day NO SCHOOL</p>	<p>7 *Sausage, Egg and cheese pizza or Yogurt, bagel, cereal</p>	<p>8 *Jiffy (sausage and pancake on a stick) Or Blueberry muffin</p>	<p>9 *Bacon, Egg and cheese biscuit or WG chocolate chip muffin</p>
<p>12  NO SCHOOL</p>	<p>13 Egg and Cheese Burrito Or Yogurt, bagel, cereal</p>	<p>14 *Sausage, Egg and cheese pizza or Yogurt, bagel, cereal</p>	<p>15 *Jiffy (sausage and pancake on a stick) Or Blueberry muffin</p>	<p>16 *Bacon, Egg and cheese biscuit or WG chocolate chip muffin</p>
<p>19 French toast Or Yogurt, bagel, cereal</p>	<p>20 Egg and Cheese Burrito Or Yogurt, bagel, cereal</p>	<p>21 Superintendent's Conference Day NO SCHOOL</p>		<p>23 </p>
<p>26 French toast Or Yogurt, bagel, cereal</p>	<p>27 Egg and Cheese Burrito Or Yogurt, bagel, cereal</p>	<p>28 *Sausage, Egg and cheese pizza or Yogurt, bagel, cereal</p>	<p>29 *Jiffy (sausage and pancake on a stick) Or Blueberry muffin</p>	<p>30 *Bacon, Egg and cheese biscuit or WG chocolate chip muffin</p>

Cairo-Durham CSD is an equal opportunity provider and employer.
 Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8534, x58900
 Milk choices include 1% white, skim chocolate, lactaid and skim white

