




FREE STUDENT MEALS Cairo-Durham Breakfast Program September 2017

<p>Daily offerings Fresh fruit Assorted Cereal Bagels Assorted Yogurt Assorted 100% juice</p>	<p><u>WG=whole grain</u> <u>*pork product</u></p>			<p>1</p> 
<p>4 Labor Day</p>	<p>5 Superintendent Conference Day NO SCHOOL</p>	<p>6 WG waffles Or Smoothie</p>	<p>7 *Sausage egg and cheese sandwich</p>	<p>8 French toast sticks Bagel w/cream cheese WG chocolate chip muffins (2)</p>
<p>11 Egg and cheese sandwich or WG pancakes</p>	<p>12 *Jiffy (sausage pancake wrap) or Egg and cheese</p>	<p>13 WG waffles Or Smoothie</p>	<p>14 *Sausage egg and cheese sandwich</p>	<p>15 French toast sticks Bagel w/cream cheese WG chocolate chip muffins (2)</p>
<p>18 Egg and cheese sandwich or WG pancakes</p>	<p>19 *Jiffy (sausage pancake wrap) or Egg and cheese</p>	<p>20 WG waffles Or Smoothie</p>	<p>21 *Sausage egg and cheese sandwich</p>	<p>22 French toast sticks Bagel w/cream cheese WG chocolate chip muffins (2)</p>
<p>25 Egg and cheese sandwich or WG pancakes</p>	<p>26 *Jiffy (sausage pancake wrap) or Egg and cheese</p>	<p>27 WG waffles Or Smoothie</p>	<p><u>28</u> *Sausage egg and cheese sandwich</p>	<p>29 French toast sticks Bagel w/cream cheese WG chocolate chip muffins (2)</p>

Cairo-Durham CSD is an equal opportunity provider and employer.
 Any questions, please contact Dan Sickles (Food Service Director) at 518-622-8543, x58900

